Hey Momma,

Let's talk about the yucky stuffs....GERMS!
At the hospital they said 9 in 1,000 infants in Montgomery County will die before their first birthday – die of things like flu, pneumonia, and infections (Missouri Department of Social Services, 2016).

Mom – don’t let that happen to me! Keep me safe from germs! Please!
Mom! Uncle Bill was chasing the pigs again this morning. Don’t let him touch my lips, PLEASE!!

Please ask him to wash his hands, mom, even if you feel embarrassed. I’m counting on you!
In fact, Mom, since you'll be asking everyone to wash their hands, why don't we put up that cute sign you showed me?

You told me hand washing is one of the best ways to prevent germs (CDC, 2017)!
I know everyone wants to meet me, but if they're sick, please don't let them near me. Ask them to come back when they feel better. I don't like sneeze showers!
Mom, I remember when you got your Tdap and flu shots while I was still in your tummy, and I know Daddy got his shots, too.
But, Mom, can you make everyone who loves me gets vaccinated?

I sure don't want to miss out on Bubba's kisses or Grandma's hugs.
I'll get plenty of vaccinations as I get older, but right now I'm too little - I have no immunity to diseases.
Oh, goody - a trip to town!

Let's stay away from crowds, Mom, and don't forget to sanitize the shopping cart or anything else I might touch (CDC, 2017).
Oh Noooo!!
Here comes the lady who always pinches my cheeks and kisses me!

Mom, please remind her to just touch my toes. I only want kisses from you and Daddy!
Oh, Mom! I’m sorry! I dropped my paci again!

Could you please wash it for me? Soap and water will do the trick (CDC, 2017).
Ah, it's so good to be home and have any germs washed away in a warm bath.

Thanks, Mom!
Thanks for everything, Mommy! I know sometimes people don’t understand that you are trying to keep me safe. ....but you are doing the right thing!

I love you very much!
REFERENCES
