## Your Health

## WHAT OUR PATIENTS SAY . . .

As you age, by the very nature of your body you have different phases in life.

Just as your body and life change with those phases, so do your health care needs. Whatever stage you may be in at the moment, one thing stays constant, the Montgomery County Health Department is here for you. Our well trained staff takes great pride in taking care of our clients in a way that only a small and caring community could.

We will work with you in whatever stage of care you are in, we will strive to help you obtain your desired level of health. We offer a variety of services within our community from public health office visits to home health as your health care needs change. Your care and support services are carefully coordinated from public health to home health as your care needs increase or decrease.

One client we worked with is Harry McCafferty. Harry has been coming to our office for several years for public health office visits. As Harry got older, he experienced pain and deterioration of the joint in his right hip. It got to the point in the past six months where he could barely walk. Harry had to use a cane. Nothing he did could relieve the pain. On January 21st, Harry had hip replacement surgery.

Following his surgery, our Home Health Agency took over his care when he got home. Harry's physical therapy began immediately after the procedure. According to Harry, "Chad Powell, my physical therapist had me walking with a walker at the first visit. I cannot say enough about the quality of the Physical Therapist at the Montgomery County Health Department. The entire staff, Kenna Fricke, RN was so encouraging – just awesome."

Harry heartily recommends the Montgomery County Health Department Home Health Agency for your home health care. "Everyone was phenomenal."

Harry successfully finished his physical therapy. Just in time, he is excited to get back to gardening. Kenna even caught Harry climbing a ladder during her last skilled nursing visit. He was able to receive home health care following his hip replacement surgery, then move back to public health office visits once he recovered. Last week, Harry was back in our office resuming his weekly public health office visits.

As you age and your needs change, you can get a greater level of care without having to travel to Columbia or St. Louis. Harry was grateful that Kenna was able to remove his staples without having to travel to his doctor's office in Columbia. He was able to stay right here in New Florence! That's why with the Montgomery County Health Department, we will work with you in whatever stage of care you are in, and strive to help you obtain your desired level of health.

From public health office visits to home health services with Skilled Nursing, Physical Therapy, Speech Therapy and Occupational Therapy. That's what the Montgomery County Health Department is all about. Whether for a few days, a few weeks, or for as long as you need us...It's comforting to know that there is a source in Montgomery County, you can turn to for help and guidance. Because no matter what the phase, you will always be special to us.

Linda Hasman